



# Face covering exemption cards



Some people can't wear a face mask or covering because of a **disability** or **severe distress**.

We have designed these D.I.Y cards to help deal with public situations that might happen.

The first side of the card is always the same and some people will be happy using it on its own.

Show it to quickly explain that you have a legal **reasonable excuse** not to wear a face mask.

If you want a non-verbal way to explain more you can double side your card with one of the extra messages.

These can be printed or kept on your phone as photos.

Find out more on our website [keepsafe.org.uk/mask](https://keepsafe.org.uk/mask)





# Learning disability cards

Disability  
Travel Support



I have a **reasonable excuse**  
for not wearing a face covering  
Thank you for understanding

Disability  
Travel Support



I am **exempt** because I have  
a learning disability and face  
masks cause me severe distress

Disability  
Travel Support



I have a **reasonable excuse**  
for not wearing a face covering  
Thank you for understanding

Disability  
Travel Support



I am **exempt** because  
I have a disability which means  
I cannot wear a face mask

Disability  
Travel Support



I have a **reasonable excuse**  
for not wearing a face covering  
Thank you for understanding

Disability  
Travel Support



I am **exempt** because I have a  
health issue which means  
I cannot wear a face mask

Disability  
Travel Support



I have a **reasonable excuse**  
for not wearing a face covering  
Thank you for understanding

Disability  
Travel Support



I am **exempt** because  
the person I support  
relies on lip reading





# Autism cards

Disability  
Travel Support



I have a **reasonable excuse**  
for not wearing a face covering  
Thank you for understanding

Disability  
Travel Support



I am **exempt** because  
I am autistic and face masks  
cause me severe distress

Disability  
Travel Support



I have a **reasonable excuse**  
for not wearing a face covering  
Thank you for understanding

Disability  
Travel Support



I am **exempt** because  
I have autism and face masks  
cause me severe distress

Disability  
Travel Support



I have a **reasonable excuse**  
for not wearing a face covering  
Thank you for understanding

Disability  
Travel Support



I am **exempt** because  
I am living with autism and face  
masks cause me severe distress





# Parent and child cards

SEN  
Travel Support



I have a **reasonable excuse**  
for not wearing a face covering  
Thank you for understanding

SEN  
Travel Support



I am exempt because I have  
special needs and face masks  
cause me severe distress

SEN  
Travel Support



I have a **reasonable excuse**  
for not wearing a face covering  
Thank you for understanding

SEN  
Travel Support



My child is exempt because  
they have special needs  
and face masks cause them  
severe distress

SEN  
Travel Support



I have a **reasonable excuse**  
for not wearing a face covering  
Thank you for understanding

SEN  
Travel Support



I am exempt because I have  
a disability which means  
I cannot wear a face mask

SEN  
Travel Support



I have a **reasonable excuse**  
for not wearing a face covering  
Thank you for understanding

SEN  
Travel Support



My child is exempt because they  
have a disability which means  
they cannot wear a face mask

