

4th September 2020

Weekly News and Keeping Well Tips

Inclusion North will give you the Government's big messages each week here.

Local Lockdowns

There are no local lock downs in the North East

The local lockdowns have now changed for some areas of Yorkshire. They have changed to lockdown smaller parts of a council area.

In **Bradford** the local lockdown is still in place in the following areas

- Bolton and Undercliffe
- Bowling and Barkerend
- Bradford Moor
- Eccleshill
- Idle and Thackley
- Little Horton
- Great Horton
- Queensbury
- Royds
- Tong
- Wibsey
- Wyke
- City
- Clayton and Fairweather Green





- Heaton
- Manningham
- Thornton and Allerton
- Toller
- Keighley Central
- Keighley East
- Keighley West



In **Calderdale** the local lockdown is still in place in the following areas



- Park
- Warley
- Northowram and Shelf
- Town



- Ovenden
- Illingworth and Mixenden
- Skircoat
- Sowerby Bridge



In **Kirklees** the local lockdown is still in place in the following areas



- Dewsbury East
- Dewsbury West
- Dewsbury South



- Batley East
- Batley West



If you live in these areas you must follow the rules.

This means that you can stay in or go out with people who you live with or are part of your support bubble.



People you do not live with cannot come in your home or garden unless they are part of your support bubble.

You cannot go to the homes or gardens of people you do not live with unless they are part of your support bubble.



You cannot meet people you do not live with indoors in places like cafes and restaurants unless they are part of your support bubble.



Increase in number of people catching coronavirus

The number of people who are catching coronavirus had been going down. This week the number of people who have caught coronavirus is the highest since May.



This might be because more people are being tested for coronavirus than in May and the number of young people with the virus is going up.

Keeping well tip:

Go for a walk and look at the trees can you see the leaves changing colour yet or the red berries on the trees and bushes.

